

Primary Week 4

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Starter/Soup/ Dessert	Chicken Noodle Soup	Tomato Soup	Peach crumble with vanilla ice cream	Lentil Soup	Corn on the cob Or Salmon pate
Hot main	Banger and Bean casserole	Salmon fish finger wrap with salad and low fat mayonnaise	Chicken curry	Chicken meatballs with penne pasta in a tomato sauce	4oz Cheese burger in a bun
Sides	Mashed Potatoes	Wedges	Rice/Naan bread	Garlic Bread	Chips
Vegetables	Baked beans and broccoli	Peas and broccoli	Cauliflower and green beans	Carrots and cabbage	Broccoli and carrot roundels
Picking Plate/Baked Potato	Chicken Noodle Soup Tuna mayonnaise bloomer Mixed salad Peach halves	Tomato Soup Baked Potato with Baked Beans Mixed salad Mixed fruit bag	Cheddar cheese and tomato sandwich Mixed salad Peach crumble with vanilla ice cream	Lentil Soup Baked Potato with cheese Mixed salad Pear	Corn on the Cob Roast turkey sandwich Cucumber Batons Mixed salad Banana
Drinks	Water	Water	Water	Water	Water