

Primary Week 3

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>Starter/Soup/Dessert</u>	Lentil Soup	Red Pepper and Tomato Dip with ½ Pitta bread	Sunshine Soup	Seasonal cupcake	Leek and Potato Soup
<u>Hot main</u>	Breaded Haddock	Margherita pizza	Cajun Chicken Strips in a creamy Cajun sauce with	Roast beef with a Yorkshire pudding, and gravy	Missisizzling chicken burger in a bun with salad
<u>Side</u>	Chips	Boiled baby potatoes	Boiled Rice	Mashed potato	Roast potatoes
<u>Vegetables</u>	Peas and sweetcorn	Broccoli and cauliflower	Carrots and green beans	Carrots and peas	Broccoli and sweetcorn
Picking Plate/Baked Potato	Lentil soup Laughing cow cheese roll Carrot Sticks Mixed salad Apple	Peri peri chicken pitta pocket with salad and red pepper salsa Mixed salad Melon slices	Sunshine soup Ham panini Cucumber Batons Banana	Baked Potato with cheese Mixed salad Seasonal cupcake Mixed fruit bag	Leek and potato soup Baked potato with Baked Beans Mixed salad Peach halves
<u>Drinks</u>	Water	Water	Water	Water	Water