

Primary Week 2

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>Starter/Soup/Dessert</u>	Tomato and Basil Soup	Banana muffin with custard	Carrot and Coriander Soup	Lentil Soup	Vegetable spring rolls
<u>Hot main</u>	Homemade Pizza with tomato, cheese and mixed peppers	Beef chilli with kidney beans and peppers	Chicken Pie with gravy	Sausage and potato bake with gravy	Chicken goujons in a tortilla wrap with salad and low fat mayonnaise
<u>Side</u>	Roasted baby potatoes	Boiled Rice	Mashed potato	Garlic Bread	Wedges
<u>Vegetables</u>	Peas and sweetcorn	Broccoli and cauliflower	Carrots and peas	Cabbage and peas	Broccoli and sweetcorn
<u>Picking Plate or Baked Potato</u>	Tomato and Basil soup Baked potato with Baked Beans Mixed salad Melon slices	Roll with laughing cow cheese Mixed salad Banana muffin with custard Mixed fruit bag	Carrot and coriander soup Baked Potato with cheese Mixed salad Tangerine	Lentil soup Roast chicken sandwich Cucumber Batons Banana Mixed salad	Baked Potato with tuna mayonnaise Mixed salad Apple Fruit yoghurt
<u>Drinks</u>	Water	Water	Water	Water	Water