

|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Daily** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** |
| **Starters** | **Sweet Potato Soup** | **Lentil Soup**  | **Roasted Vegetable Soup** | **Lentil Soup** | **Chicken and Rice Broth** |
| **Meal Option** | **Cajun Chicken Pasta** | **Beef Chilli** | **Sausage Casserole** | **Chicken Korma** | **Breaded Haddock** |
| **Vegetarian**  | **Quorn and Mixed Bean Casserole**  | **Basil and Tomato Pasta**  | **Potato and Chickpea Curry** | **Pizza and Pasta** | **Lentil Bolognaise**  |
| **Carbohydrates**  | **Pitta Bread** | **Boiled Rice****Garlic Bread** | **Mashed Potatoes** | **Boiled Rice**  | **Chips****Spaghetti**  |
| **Vegetables** | **Roasted Vegetables****Garden Peas** | **Broccoli Florets** **Steamed Carrots**  | **Garden Peas****Steamed Turnip** | **Sweetcorn****Coleslaw** | **Garden Peas****Baked Beans** |
| **Desserts** | **~** | **~** | **Mixed Berry Cookies** | **~** | **~** |
| **Grab and Go** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguette** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** |
| **Snacks** | **Toasted Paninis****Pizzini** **Salmon Nugget Wrap****Pizza Slice** | **Toasted Paninis****Beef Burger****Hot Dog** **Baked Potato & Fillings** | **Toasted Paninis****Chicken Burger** **Quorn Dipper Wrap****Thai Veg Noodle Pot**  | **Toasted Paninis****Hot Dog****Chicken Goujon Wrap****Baked Potato & Fillings**  | **Toasted Paninis****Quorn Dipper Wrap****Pizzini****Pizza Slices** |

**School Year 2023/2024 High School Week 2**