



Louise Bomber's YouTube Channel

Louise Michelle Bomber is qualified as both a teacher and a therapist. She has worked with individual pupils, classes, whole school settings, teachers and support staff across both the primary and secondary phases. She has provided consultations and training for education, social services and health including two conferences hosted by West Dunbartonshire Council.



shutterstock.com • 1155109390

In this time of great uncertainty and challenge Louise is posting a short clip every **Wednesday at 10.30am** with ideas to help with minds (regulation) and ideas for connecting with ourselves and others (relate).

The clips can be accessed via the link and are suitable for parents / carers and professional alike to watch. They contain lots of very practical and easy to implement ideas.

<https://touchbase.org.uk/youtube-channel/>

