

## **School Year 2020/2021**

## **Primary Week 3**

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal 1	Chicken Curry Naan Bread Boiled Rice Peas Tomato &Onion Salsa	Macaroni Carrots & Peas Garlic Bread	Steak Pie Mashed Potatoes <b>Seasonal Sprouting</b> <b>Broccoli</b> Carrots	Cajun Chicken Boiled Rice Green Beans/Courgettes	Fish Salmon Fish fingers with Tortilla Wrap Seasonal Roasted Parsnip Peas Chips Tomato sauce
Meal 2	Cheese & Carrot Salad	Prawn & Avocado Salad with Tortilla wrap	Cheddar & Apple salad	Rainbow Salad	Sausage Pasta with Salad
Starter/Dessert	Lentil Soup with Mini Roll Selection or Fresh Fruit Salad	Chicken & Rice Soup with Soft Brown Roll or Fresh Fruit Salad	Lentil Soup with Mini Roll Selection or Fresh Fruit Salad	Cream of Chicken Soup with Soft White Roll or Fresh Fruit Salad	Corn on the Cob or Fresh Melon with Custard Biscuit

Updated: 24/12/20

\*Menus are subject to change - small changes may be made throughout the school year. Please refer to date above to ensure you have the up to date menu\*