

|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Daily** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** |
| **Soups** | **Sweet Potato Soup** | **Lentil Soup**  | **Tomato Soup** | **Yellow Split Pea Soup** | **Lentil Soup** |
| **Meal Option** | **Chicken Curry**  | **Scotch Beef Bolognaise**  | **Chicken Tikka Masala** | **Paprika Chicken** | **Breaded Haddock** |
| **Vegetarian**  | **Baked Pasta**  | **Potato and** **Chick Pea Curry**  | **Baked Macaroni Cheese** | **Mediterranean** **Vegetable Lasagne** | **Vegetable Enchiladas** |
| **Carbohydrates**  | **Boiled Rice** **Garlic Bread** | **Spaghetti****Garlic Bread** | **Boiled Rice**  | **Herby Diced Potatoes****Tagliatelle**  | **Chips** |
| **Vegetables** | **Broccoli Florets** **Sweetcorn**  | **Garden Peas** **Steamed Carrots** | **Broccoli Florets****Cauliflower Florets**  | **Roasted Vegetables****Coleslaw** | **Garden Peas****Baked Beans** |
| **Desserts** | **~** | **~** | **~** | **~** | **~** |
| **Grab and Go** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguette** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** | **Salad & Pasta Pots****Selection of Sandwiches****Rolls/Wraps/Baguettes** |
| **Snacks** | **Toasted Paninis****Chicken Burger****Pizza Slice****Thai Veg Noodle Pot** | **Toasted Paninis****Beef Burgers** **Pizzini****Baked Potato & Fillings** | **Toasted Paninis****Chicken Nugget Wrap****Hot Dog** **Thai Veg Noodle Pot**  | **Toasted Paninis****Chicken Burger****Pizza Slice****Baked Potato & Fillings**  | **Toasted Paninis****Chicken Nugget Wrap****Pizzini** |

**School Year 2023/2024 High School Week 4**