

|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Daily** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** | **Fresh Cut Fruit** |
| **Soups** | **Tomato Soup** | **Split Pea Soup** | **Cream of Chicken Soup** | **Lentil Soup** | **Minestrone Soup** |
| **Meal Option** | **Baked Macaroni Cheese** | **Roast Chicken and Gravy** | **Scottish Steak Pie** | **Chicken and Sweet Potato Curry** | **Breaded Haddock** |
| **Vegetarian** | **Vegetable Curry** | **Vegetable Enchilada** | **Leek and Potato Bake** | **Tomato and Basil Pasta** | **Vegetable Lasagne** |
| **Carbohydrates** | **Boiled Rice**  **Garlic Bread** | **Baby New Potatoes**  **Yorkshire Puddings** | **Mashed Potatoes** | **Boiled Rice**  **Pitta Bread** | **Chips**  **Garlic Bread** |
| **Vegetables** | **Steamed Carrots**  **Sweetcorn** | **Broccoli Florets**  **Roasted Vegetables** | **Steamed Carrots**  **Diced Turnip** | **Green Beans**  **Sweetcorn** | **Garden Peas**  **Baked Beans** |
| **Desserts** | **~** | **Fruit Crumble**  **Ice Cream** | **~** | **~** | **Mixed Fruit Yoghurt** |
| **Grab and Go** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguette** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** | **Salad & Pasta Pots**  **Selection of Sandwiches**  **Rolls/Wraps/Baguettes** |
| **Snacks** | **Toasted Paninis**  **Pizza Slice**  **Chicken Burger**  **Thai Veg Noodle Pot** | **Toasted Paninis**  **Pizzini**  **Hot Dog**  **Baked Potato & Fillings** | **Toasted Paninis**  **Chicken Goujon Wrap**  **Cheese Burger**  **Thai Veg Noodle Pot** | **Toasted Paninis**  **Hot Dog**  **Pizzini**  **Baked Potato & Fillings** | **Toasted Paninis**  **Pizza Slice**  **Chicken Goujon Wrap** |

**School Year 2023/2024 High School Week 3**